

DATING AS A Husband and Wife



MONTHLY MARRIAGE WORKSHOP
MONTH 8 / WEEK 3 & 4

JEFF & ALYSSA BETHKE

WEEK 3 & 4

OK, so these last two weeks are a little bare in the content department. But that's specific and on purpose. We are doing something a little different this month and that is to end on PUTTING IT INTO PRACTICE! Planning a date that specifically blesses your spouse is pivotal to showing your love, but also your attention to detail of your favorite person! Everyone loves to be noticed and cherished and understood and thought of.

Please hear us; do not shoot for the moon!! Unless you're a 7 on the Enneagram, and that's the only language you speak :D But indeed, be small, intentional, and thoughtful. Dating in a marriage is a marathon, not a sprint. It's a rhythm. And the best way to sustain the rhythm is by not feeling an immediate burden or a sense of burnout thinking, "I can't do this every week!" You can, and it will reap immense blessing and benefits in your marriage. So think small, and think intentional.

For example, Alyssa's birthday was last month. And so I wanted to plan our date that week for her birthday, and do it in a way that was focused on her and particular to her.

We took advantage of where we live and just hopped in the car, packed up a picnic and went and sat on the beach with a blanket during sunset. Or one year Alyssa for me popped up our tent in the living room, and we literally camped in our living room that night, and it was hilarious and awesome and memorable and FREE.

Homework for these two weeks: the husband take the planning of a date for the wife one week, and the next week flip it. If you are long distance or not in the same place that week, don't be dismayed! Plan ten hilarious or weird or personal questions and work through them on the phone. I bet you'll remember that phone call forever! Get creative, have grace, shoot small, and enjoy the intentional time together :D

Bonus homework: Post on the Facebook group what your date was for the week, what you loved or learned about it. And, whoever is the 'receiving' party that week, we'd love to hear from you too!